

## MEMBER STATEMENT

“First coming along to Flourish House was quite nerve wracking. I didn't know much about the place.

I became a member of Flourish House in April 2004. For the past three years I have been studying at the College of Commerce and enrolled in the Computer Driving Licence Course, P.C. Passport 1 and II in Computing and a taster course covering reception. Because of these courses and working on a Transitional Employment Placement with Armitage Associates my confidence has improved a great deal. I was also employed for 9 weeks as an Admin Assistant full time. Although the work was demanding I learned what it was like to be in a work situation and what is expected from you. When I left Flourish House supported me and gave me the initiative to carry on and look for something else.

I am presently training to be a Classroom Assistant and I attend college on a Thursday and Friday. With the help and encouragement I receive from Flourish House this will enable me to complete the course. It has taken me a long time to get there but now I feel really settled and happy with myself.”

## What to do next?

Call reception on 0141 333 0099 and ask for a tour. We do tours:

- Tuesdays 11.30 am or 2 pm
- Thursdays 11.30 am or 2 pm

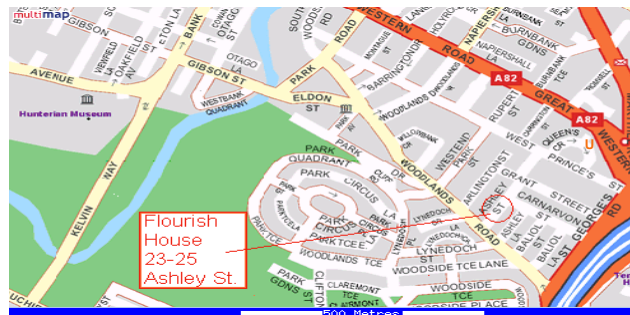
This will let a potential member find out a bit more about Flourish House and decide if they would like to join. They can join on the day or at a later date by appointment. Workers are also welcome to take a tour.

### **Bus Services:**

To Woodlands Road No 44  
To St. George's Cross No 40 & 61  
To Great Western Road No 66 & 20

### **Nearest Subway Station:**

St Georges Cross



23-25 Ashley Street,  
Glasgow  
G3 6DR

Phone: 0141 333 0099  
Fax: 0141 333 1188

Email: [info@flourishhouse.org.uk](mailto:info@flourishhouse.org.uk)  
Web: [flourishhouse.org.uk](http://flourishhouse.org.uk)

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# FLOURISH HOUSE



**Do you know of  
anyone who has  
experienced mental  
health problems?**

**Could they benefit from joining  
Flourish House where we provide-**

## A structured day

## Opportunities to socialise

## A chance to learn new skills

## Access to training and employment opportunities

Funded by:



**Flourish House supports people with mental health problems, who are looking for a place to be accepted as themselves without medical labels. Staff and members work in equal partnership to ensure the smooth running of the clubhouse.**

**We aim to do this in an environment where mutual respect and safety are paramount**

### **Criteria for Membership**

- Primary condition of mental ill health
- Aged 18+
- Person poses no significant threat to the Clubhouse community

### **Attendance at Flourish House is completely voluntary**

It is entirely up to members whether they come to Flourish House and how often they attend.

There are no contracts or agreements.

We provide support at various levels depending on the member's needs -

- Positive activity—Routine and new connections
- Initial stages of work preparation
- Later stages of work preparation
- In work early post recruitment
- In work longer term support

Membership is without time limit which allows us to continue to support members who are working and allows them to return if employment is not retained.

Attendance at Flourish House has no effect on members' benefit entitlement.

"I have gained confidence and self esteem and better management of my condition. The most important thing however is that I had an organised reliable form of support which helped to stabilise my condition." Nick

### **What can members get involved in?**

- Reception and mail
- Working in our own cafe
- Newsletters
- General Admin duties
- Make Posters and Cards
- General Building Maintenance
- Cooking and food preparation
- PC work - cards, typing, spreadsheets, posters etc
- Create edit and produce monthly magazines

Support to carry out tasks is given for as long as the member requires.

We also offer:

- A Social Programme
- Paid Supported Work Placements (transitional employment placement)
- Computing, study skills courses and literacy and numeracy classes.

**We give presentations to staff teams and groups of potential members about the service we provide, if you are interested in this please contact Hilary Mills or David Sinclair at the address or phone number overleaf.**